

RELATIVE BEARINGS

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Official Publication Of The Flagler Beach Yacht Club, Inc.

October 2019

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For Sale

First Aid Kit

Commodore's Corner – Jeanne Meyer

Jeanne Meyer meyerpalmcoast@cfl.rr.com 386-338-1538



This month has been good and bad many of our members either had shoulder, knee, back, heart surgery and broken toes. The good news all are recovering well. On behalf of the club I extend our sympathies to Christine and Joey Passiglia and family for the loss of her father. Remember, if you hear of anyone who is ill or has passed, please let us know so we can reach out to them. As always please keep our members and their families in your prayers.

Our September meeting was pasta night and most of our members wore their favorite football team Jersey. Thank You Len, Carol Caso and volunteers. This club belongs to all of us and we can take pride in being part of the "best boating club in Flagler"

Doris Houslander Chair of the nominating committee presented their proposed 2020 slate of officers for the FBYC Board:

Commodore - Allan Hendry

Vice Commodore – Toni Mincin

Rear Commodore - Ray Oakes

Treasurer – Sandie Ostresh

Secretary - Susan Moya

PAST COMMODORES	1992-1993	Tom McBride	2004	George Barnett	2013	Randy Meyer
	1 994	Ed Finney	2005	Pete Poole	2014	Len Dignard
	1995-1996	Tom Johns	2006-2007	Mike Cocchiola	2015	Bob Jaeger
× 991	1997-1998	Denis Thornton	2008	Claudia Towne	2016	Joe Lindholm
*	1999-2000	John Darrow	2009	Jane Gaulding	2017	John Green
	2001	Paul Van Buren	2010	Dee Cocchiola	2018	Cindy Franco
	2002	Howard Graves	2011	Rich Franco		
	2003	Pat Slattery	2012	Greg Hansen		



Jeanne Meyer meyerpalmcoast@cfl.rr.com 386-338-1538

Fleet Captain – Amy Krisanda

Director – P C Jeanne Meyer

Director - Carol Triano

At the beginning of the general business meeting in Oct. the nominating chair will ask for any nomination from the floor. If there are none, the selection will be then be closed and the proposed slate will be presented at the November general meeting. If there are any nominations, an election will take place during the November meeting and the slate will be presented when polls are closed and ballots are counted.



Reminder December 12, 2019 Holiday Commodore Christmas Party

Table for 8 or 10 sign up soon if you have a group so you can sit together.

Guest are invited for the price of \$80 Members \$65 OPEN BAR

Attire: Ladies cocktail dress, long dress or dressy holiday pant suit. Men: Suit and Tie or Tux (optional)



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Vice Commodore – Kate Nelson

knewmannelson@hotmail.com 386-585-5642





Our general meeting was Thursday, September 19, 2019. It was also Pasta Night. Members came in their team jerseys to kick-off the upcoming football season! Volunteer members were chefs and treated us to samplings of some great pastas. We also enjoyed all the accompaniments to complete the meal. Leads were Carol and Len Caso. Thank you to everyone for mak-

ing this a successful event. Carol and Len did an excellent job, putting this together and including us to celebrate Len's Birthday!











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Vice Commodore — Kate Nelson—Continued

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Hot Dog Lunch at Betty Steflik Preserve

The Hot Dog Lunch at Betty Steflik Preserve is being held on Saturday, September 28, 2019. At the time of this newsletter being submitted, I can only tell you that a lot of members have signed up, everyone is bringing a dish to share, and best of all the weather is supposed to be good. Many thanks to all of you ahead of time for making this a hopefully fun filled event. By the way, I have volunteers to be cooks, so you all do not have to experience my hot dog grilling. I will include pictures in next month's newsletter.



Thursday, October 17, 2019 we will be having a Halloween general meeting. Doors will open at 6 p.m. for general membership. Please do not come earlier.

Volunteers who signed up for set-up are to meet at the hall at 4:00 p.m.



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Vice Commodore – Kate Nelson–Continued

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Michelle Kelly is the lead for this event. (mani1516@hotmail.com) 386-283-1113.

Halloween themed desserts have been requested, a few more would be very appreciated, so please contact Michelle if you are able to contribute. Thank you

Michelle informed me that she already has some great ideas for the event. Get into the ghostly spirit (bad pun) and wear your favorite costume! There will be prizes for best overall costume, best couples costume, scariest, funniest, and the least effort!





<u>Wednesday, October 23, 2019</u>, will be our annual <u>FBYC Golf Outing</u>. It is to be held at the Pine Lakes Golf Club, at 400 Pine Lakes Pkwy, PC. The Golf portion of this event will start at 2 p.m. Cost is \$20.00 per person to participate. A Social will be held after in the bar area, 4 to 7 p.m.

Leads for this event are Frank Ruffalo (<u>frankruffalo15@gmail.com</u>) 386-585-0789 and Randy Meyer (<u>meyerpalmcoast@cfl.rr.com</u>) 386-7916 Please contact them if you have any questions.



On Wednesday, November 20th, the general meeting is the <u>Pizza Party</u>. The lead for this event is Dawn Bird

(<u>the.very@yahoo.com</u>) 949-485-1296. Sign-up sheets will be available again for Volunteers for set up, serving, clean up, and providing tossed salad. Please mark your calendar, because the date is Wednesday, November 20th.



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Vice Commodore – Kate Nelson–Continued

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Flagler County Library Festival of Trees and Wreaths

The 2019 Festival of Trees and Wreaths will soon be taking place. Set-up is scheduled on Tuesday, November 19, 2019, at 10 a.m., during the regular business hours of the library. I am seeking volunteers to help me with the set-up of the tree and decorations. A sign-up sheet will be at the October meeting. I am asking for 2-3 volunteers for assistance.

Save the date!

Flagler Audítoríum

5500 E Highway 100 Palm Coast, FL 32164

Saturday, December 21, 2019, at 7:30pm





Vice Commodore - Kate Nelson-Continued

knewmannelson@hotmail.com 386-585-5642

On Saturday Dec 21st we (FBYC) have 30 tickets "on hold" for the group The Ten Tenors who will be performing here at the Flagler Auditorium.

They are a world-renowned group of mostly Australian entertainers (10), singing a wide range of hits from classical, pop, rock, romantic and holiday favorites. This is a unique and a spectacular show everyone can enjoy. A not to miss event!

This will take place at the Flagler Auditorium on SR 100 and show time is at 7:30 PM.

Ticket cost is \$39.60 per person, \$79.20 per couple. Checks can be made out to FBYC

Cutoff date for signing up and paying for the tickets will be 30 Oct 2019. The reason for this early cutoff date is the auditorium has the seats on hold for us and if we are not going to use them, we have to release them. Our seats are. all together in one area.

Based on interest, we will schedule a dinner before the show at the Olive Garden on SR 100 or another restaurant of our choosing.

For sign-up or more information contact,

Len Dignard at 386-206-4143, home or 303-949-2982 cell or email: lconlen1@cfl.rr.com



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Vice Commodore — Kate Nelson—Continued

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NOVEMBER SOCIAL



CLARK'S FISH CAMP 12903 HOOD LANDING ROAD JACKSONVILLE, FL 32258

FBYC ONCE AGAIN IS GOING ON SAFARI TO THE MOST UNIQUIE RESTAURANT IN JACKSONVILLE. IF YOU HAVE NEVER HAD THE OPPORTUNITY TO ENJOY THE EXTRAORDINARY DÉCOR OF THIS RESTAURANT AND THE AMBIANCE OF THIS RESTAURANT SITUATED ON THE ST. JOHN'S RIVER, NOW IS THE OPPORTUNITY.

COME JOIN US ON: SATURDAY, NOVEMBER 2, 2019 START TIME 12 PM

SIGN-UP SHEET WILL BE AT THE OCTOBER MEETING. YOU CAN EMAIL OR TEXT TO KATE NELSON (knewmannelson@hotmail.com 386-585-5642) TO SIGN UP IF YOU CAN'T MAKE THE MEETING.

CUT-OFF DATE IS OCTOBER 25, 2019



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Rear Commodore - Ray Oakes

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Our club has 131 members with 85 of us being boat owners, (42 boats) making the percentage of boat owners 65%. We have 19 openings for new members.

I have plenty of application forms available for potential members.

Don't forget to update your information as it changes and let's try to establish an e-mail address for each club member. FBYC Master List and the FBYC Boat List are on our home page at http:// flaglerbeachyachtclub.com/ . Another useful item on our home page is the

FBYC calendar of events where we have our meetings and activities posted.

Enjoy boating and be safe. Rear Commodore - Ray





Fleet Captain - Chris Nelson

nelson551@hotmail.com 386-585-0445





As our FBYC maritime year draws to a close I just want to provide you with information on the remainder of the boating activities for the year.

New Smyrna Beach- A quote from the author Robert Burns sums up last weekend. "The schemes of mice and men oft go astray". Due to the predicted path of Dorian and the wind, rain and seas, it was supposed to

bring, I made a safety call and cancelled the MDC Eco Tour and the few boats that were coming down were advised to cancel. This was a safety call made on the weather predictions available at the time. All participants were contacted by an Email Blast, by phone, and their monies were returned to them at the September general meeting. If the future Fleet captain would like to attempt to do the tour next year, I'm sure I could make the necessary arrangements.

To the best of my knowledge people still came down and stayed in a hotel and then participated in the Garlic restaurant event in the evening. I have no numbers available at this time on that.

Wednesday, October 9th, is the Blue Springs River Cruise in Orange City and will be followed by a social at the Half Wall Beer House in Deland. Everyone is sure to have a good time!

St. Augustine November Event

Submitted by Alan Hendry

November 11-14th, St. Augustine Municipal Marina. There has been some discussion about the lack of participation in boating events this year and this is the perfect event for all boats, large and small, to participate. The overnight boats can stay for three nights, day boats can either come for a dock party on the 12th at 12:30pm, or stay at the marina and get a hotel room. The average temperature is a high of 77 and a low of 58, perfect boating weather. If you have not had you boat to an event in a while, this is the time to do it. Due to the late Thanksgiving this year followed by the early December FBYC events; this trip is not during Night of Lights.



Fleet Captain - Chris Nelson

nelson551@hotmail.com 386-585-0445

Overnight Boats: We have reserved 15 slips for overnight boats at the St. Augustine Municipal Marina. Bring something to share at the Dock Social and BYOB. The cutoff date for signing up is October 17. At that time the unused slips will be returned to the marina.

Day Boats: Dock Social November 12th at 12:30 pm (rain date Nov. 13). The marina does welcome day boats but does not take reservations for them. That said, this is mid-week and there should be ample room for all the day boats that attend. The cost is \$5 per hour and there is a 4-hour maximum stay which should be more than ample time to allow boaters to enjoy the dock social and return home before dark. We will put out a separate sign-up sheet for day boats. Day boats that do plan to spend the night should use the overnight boat sign-up sheet. Bring a chair (if you want), something to share and BYOB.

Dock Social: If you are not coming boat please join us for a social gathering on the dock on Tuesday November 12 at 12:30. Bring a chair (if you can), something to share and of course BYOB. There will be a separate sign-up sheet for the Dock Social for people not arriving by boat.

Please sign up on just one of the three sign-up sheets!

Hotels: For those of you interested in staying overnight in a nearby hotel the two most convenient to the marina are:

Marion Motor Lodge for \$137 per night. Reservations: 904 829-2261 120 Avenida Menendez, St Augustine, Florida - 32084 Free Parking for one car per room

Bayfront Inn is also very close to the marina at \$154 per night. Reservations: 844-223-7405 138 Avenida Menendez, St Augustine, FL 32084 Free Parking for one car per room

Alan Hendry is the lead if you have any questions or would like to sign up call him at 386-246-1736 or email at alan55hendry@gmail.com.



each Yacht Club, Inc.

Fleet Captain - Chris Nelson

nelson551@hotmail.com 386-585-0445

Saturday, December 7th, will be the Caroling Palm Coast Canals. Please meet in front of the Palm Coast Marina in the ICW at 11:30 a.m. Jim Kelly is the Lead for this event. 386-225-6481, <u>jamesw.kelly@edgewell.com</u>. At 1:30 p.m., lunch will be at Hidden Treasures in the Boat House. There will be a limited menu. Co-Lead is Fleet Captain Chris Nelson, 386-585-0445, <u>nel-son551@hotmail.com</u>.

In January 2020, Tuesday through Thursday, January, 7, 8, 9, home on the 10th, will be the St. Augustine Municipal Marina and the Nights of Lights. Joel Houslander is the Lead for this event. 224-337-8784, <u>jchous@comcast.net</u>. Further details to follow in the near future.

Sign-ups Sheets for all these events will be at the general meetings.



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Maritime - Submitted by Don Rickter

Your Essential First-Aid Kit

No matter the type of boating you do, there are certain medical supplies every boater should have on board. Whether setting out for a day, week, or longer, you need a well-stocked first-aid kit on board. Here are the essentials.

Checking life jackets, VHF radio, and flares before setting out for a day on the water should be a standard part of your predeparture checklist. But your first-aid kit is likely stowed and forgotten — as it seems you rarely need it. If setting out for just a few hours, most boaters assume they're unlikely to suffer a medical emergency. Or they reason that they're not going far and can quickly get back to the dock, so why worry? But having basic supplies at the ready could save you a trip to the emergency room — or even a life.

We talked to Anne Marie Lennon, M.D., Ph.D., of The Johns Hopkins Hospital in Baltimore, Maryland, who sails an Ericson 33, about which first aid essentials every boater should have on board.

"Of course, don't be slow to call for help if the situation demands it or the nature of the emergency is outside of your capabilities," she cautions. "But an onboard first-aid kit should be your first line of defense. A good starting point is to purchase one of the larger kits available from a retailer like West Marine, to which I add a few extra items such as hand disinfectant, antacids, motion-sickness medication, and jellyfish anti-sting." You may want to add additional items based on your personal preferences, where you boat, and the needs of the crew.

Consider attending a first-aid course. The American Red Cross offers both online and in-person classes at a moderate cost. Visit redcross.org/take-a-class.

Essential Items For Your First-Aid Kit

Scissors — to cut bandages, surgical tape, and clothing away from a wound if removing the garment is impossible

Safety Pins — to hold bandages or slings in place

 $\mathbf{Tweezers}$ — to remove ticks, splinters, and other small foreign bodies embedded in the skin

Syringe (without needle) — to fill with saline and flush dirt from a wound, or as an emergency eye-wash pump

Saline Solution — to flush wounds prior to applying bandages



Fabric Tape — to hold dressings and bandages in place

Elastic Bandages — provide both covering and support to injuries

Triangular Bandage — to support and immobilize a damaged arm or shoulder

Large Adhesive Pads — to cover larger cuts and wounds

Instant Cold Pack — temporary relief from minor burns and swelling from sprains and strains

Foil Space Blanket — reduces shock by retaining body heat

Disposable Gloves — to wear during contact with bodily fluids — yours or anyone else's. some people are allergic to latex, so stock nitrile gloves

Sterile Absorbent Pads — to cover wounds and abrasions

Rolled Gauze — to cover wounds where an adhesive bandage is too small or extra absorbency is required

Adhesive Bandages — keep a selection from small to large. include round ones, and butterfly bandages to effectively close a deeper cut

Burn Cream — treats sunburn or galley burns. **Note**: treat a significant burn as a medical emergency

Individually Wrapped Common Medications — for treating stings, heartburn, seasickness, diarrhea, and so on

Alcohol Wipes — to sterilize hands, clean scissors and tweezers before/after use, or to gently clean a wound

Storage Container — keeps everything organized and easily accessible

First-Aid Guide — essential reference. read it before you need to use your first-aid kit

Aspirin — if you suspect a heart attack

Ibuprofen — general pain reliever

Acetaminophen — general pain reliever for those who can't take aspirin or ibuprofen

Cotton Swabs — to clean delicate areas before applying a dressing

Sam Splint — to immobilize a suspected fractured limb



Eye Wash — for flushing chemicals, fuel, dirt, and grit out of the eye. can offer relief in cases of severe pollen allergies

Cleaning Cuts with Hydrogen Peroxide

For most minor cuts and scrapes, rinsing thoroughly with plenty of clean water, removing foreign bodies, and cleaning the surrounding area with soap is effective in preventing infection. It's also less irritating to wounded tissue. Once a first-line treatment, hydrogen peroxide is useful when you don't have access to clean water, but it is not recommended for deep cuts, bites, or burns. See a doctor immediately for those.

Tips For A Safe & Healthy Time On The Water (Mark Corke)

1. When you think of first aid, cuts and bruises probably come to mind. But sunburn, heat-stroke, and overexposure to the elements can pose serious health risks.

Dr. Anne Marie Lennon of The John's Hopkins Hospital says, "Overexposure to the sun puts you at real risk of skin cancer. Avoid sun damage by using the '*slip, slap, slop*' approach. Slip on a long-sleeved top, slap a hat on your head, and slop on some sunscreen, which you reapply every couple of hours."

2. Before heading out, ask if any crew members have allergies to medications, including simple pain relievers. Some people may be allergic to the adhesive on bandages or the latex in gloves, or may have been told to avoid certain pain relievers for medical reasons. If someone on board has a life-threatening allergy, know where to locate and how to administer an epinephrine auto-injector (EpiPen), if required.

3. Make sure that more than one person knows how to operate the VHF radio to call for help in an emergency.

From Boatus.com "Your Essential First-Aid Kit"

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FBYC SPOTLIGHT, THIS MONTH, IS ON OUR MEMBERS.....



Tim has lived in Palm Coast since the 1980's. He was here for ITT's beginning development of Palm Coast, and was, said Betsy, "the last man standing when ITT left". Tim was born in Daytona but raised in Connecticut. He began singing at the age of 8. He played with several bands one being Nemesis. He was their lead singer and traveled through the Northeast. At one time during his career he competed against the group - Chicago. When Tim's father became ill he returned to Florida to be with him and began his tenure with ITT. Here in Palm Coast he sang at the Buddy Taylor Memorial. He began his "one man" show here and now he and Betsy travel throughout the Southeast for his "shows". Betsy added that he will play and sing whatever kind of music people want. Also, that he chose to work independently rather than a career on Broadway as he likes the individual contact. During the day Tim runs a major construction business.

Betsy was born in Colorado, raised in he Northeast, and, she said, has lived all over the US. She has been in the plant business for many years. She has been an account manager for Home Depot, in the citrus and fruiting tree division, for 25 years. She also started a major citrus company and sells to independent nurseries. She has the latest information on the treatment of citrus greening which I know she will share with anyone who would like the information. Prior to her involvement with the plant industry she worked for the PGA tour and also played golf every day.

Tim and Betsy met in the 1990's. They were introduced by mutual friends. Between them they have 4 children, all of whom have successful careers, and four grandchildren. Betsy proudly said their children children's careers include teaching and running their own companies. One is in the financial business, another owns and manages golf courses around the country, and a daughter runs the special needs programs in NYC. Tim and Betsy live in Burnell. They own and live in one of the original homes (over 100 years old) in Flagler County. The home was once owned by the Cody family - for whom Cody's Corner was named. They own three boats - two sailboats and an old navy admiral that they have restored into a trawler. Betsy said that unfortunately they have little time to boat as a result of their busy careers. They do occasionally take day trips for R&R.

Submitted by Jeanne Florio

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Oct. 9- Wednesday Blue Springs River Cruise Blue Springs State Park 2100 West French Ave., Orange City FL 32763 boarding at 9 AM Boat departs at 10 AM. Arrive at 9:30 latest to ensure you don't miss the boat.

Lunch at Half Wall Beer House

105 West Indiana Ave. Deland Full Menu \$1.00 off drinks Lead Jerry Imbriani 386-264-5730

Nov. 11 to 14 St Augustine Marina 904-825-1026 111 Avenida Menendez, St Augustine. Please check the schedule Blast Allan Hendry is the lead 386-246-1736

December 7 Caroling Palm Coast canals Meet at Followed by Hidden Treasures, Moody Lane, Flagler Jim Kelly is the lead 386-225-6481



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Hoist a Tankard of Grog to This Month's Birthday Pirates

October Birthdays

Debra	Anninos	1-Oct	
Chris	Nelson	1-Oct	
Edda	Steinmeier	1-Oct	
Tom	Donaghy	3-Oct	
Paul	Wilhelmsen	4-Oct	
Daniel	Basany	9-Oct	
Annie	Smith	9-Oct	
Judy	O'Neill	11-Oct	
Ray	Staba	12-Oct	
Randy	Meyer	14-Oct	
Doris	Houslander	14-Oct	
James	Kelly, Jr	23-Oct	
Betsy	Kelley	24-Oct	
Joseph	Verille III	25-Oct	

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lim TERTAINMENT lin Repey & Betsy Kelley www.timrippey.com For booking: 386-437-2085 or 386-931-0074 bkelley1024@aol.com



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Welcome to the FBYC Ship Store



The new car/boat window stickers were a big hit, thank you to all that purchased one or more. We still have plenty in stock and will have them at future meetings if you are interested in purchasing, they are available for the low price of only \$3.

Our most popular items with the club burgee are T-Shirts, Hats and Insulated Drink Cups with the burgee engraved. Keep in mind that even though we don't display products at each meeting, we are able to order your FBYC logo item at any time. See Dawn or Doris for ordering.

Also we can offer many different items. We will have the catalog with us at the meetings if you would like to see all the different options. We ask you to be certain of your size and color when making a purchase, as there are no refunds, returns, or exchanges. All orders must be paid for at the time of purchase.

Remember too that you can always bring in your own item for embroidery for the low cost of \$9 for the club burgee, \$6 for a second line and \$3 for a third line of embroidery. And if sparkle is your thing you can have crystals added to your shirt for \$10.

Another option is to visit the store where we purchase our items to try on clothing for size or browse other products. Joe knows FBYC and will help you make the best choice for your needs. Visit him at:

U Name It 10 Hargrove Grade Palm Coast, FL 32137 Website: https://www.unameitapparel.com



If you have questions or would like to place an order at any time, please contact either:

Dawn Bird at 949-735-2473; email: the.very@yahoo.com

Doris Houslander at 847-826-6851; email: houslander@comcast.net

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BOAT FOR SALE- \$10,300



"Tweety" is a 2001 Chaparral Sunesta 232 deckboat. She was repowered in August of 2012 with a NEW Marine Max 5.7L 325hp fuelinjected engine replacing the original 260hp MPI. The new engine (150 hours) coupled to the Alpha drive with SS prop provides 50 mph +/-. I added a second switchable battery, a trickle charge system, and a fresh water flush. Overall condition is above average with new Bimini and full cover in 2017. The speedometer does not work and the stereo/CD player is "iffy". The boat has been lift kept since 2005. NO TRAILER. Bought bigger boat, Make an offer!

Call or email John Manoni 407-797-3318

johnmanoni@gmail.com

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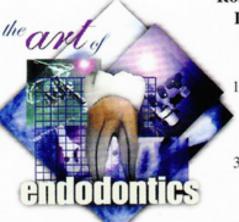
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